Science - Humans

Key Vocabulary				
germs	Living things that are too small to be seen by the human eye			
hygien e	.keeping yourself and surroundings clean			
doctor	A person who looks after people when unwell			
diseas e	When something goes wrong with the body and makes you unwell			
plaque	A sticky coating made by germs that harm teeth and gums			
filling	A special material that is used to fill a small hole in a tooth			
Health y diet	Includes fruit vegetables and other healthy food			
Unheal thy diet	High in fat sugar or salt			
vegeta ble	Part of a plant that can be eaten such as stem root or leaf			
fruit	Part of a plant that can be eaten and contains seeds			



Prior Knowledge

humans

yrl Animals Identify, name, including draw and label the basic parts of the body

Key Information

1	A healthy	diet	inclu	des fi	uit,
_	vegetables food	and	other	healt	hy
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- foods that are high in fat, sugar or salt or provide little nutrition for the body.
- germs can be passed easily between people and surfaces if handwashing is not carried
- some germs can cause illness. 4
- eating too much sugar and not brushing their teeth regularly contributes to tooth decay.





