

St. Joseph's RC Primary School:
Knowledge, Techniques and Links in RSHE

	Knowledge	Vocabulary	Links
	F1		
Advent Term 2 – Created and Loved by God Me, my body, my health	By the end of Advent term children will be able to:		
	Module 1- Unit 1 Religious Understanding Children can recognise: <ul style="list-style-type: none"> • We are all God's children and are special. • We can say thank you to God. Module 1- Unit 2 Me, My Body, My Health Children can recognise: <ul style="list-style-type: none"> • We are each unique, with individuals gifts, talents and skills. • That are bodies are good and made by God. • The names of the parts of the body (not genitalia). • That are bodies are good and we need to look after them. 	Vocabulary taught and used must include: Balanced diet Created by God Creation Dignity Exercise Gifts Gratitude Private parts PANTS Personal hygiene	All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 1 children will:

Module 1- Unit 3 Emotional Well-being

Children can recognise:

- Language to describe their feelings.
- That everyone experiences feelings both good and bad.
- Simple strategies for managing feelings.
- We can say sorry and forgive like Jesus.

Module 1- Unit 4 Life Cycles

Children can recognise:

- That there are natural life stages from birth to death, and what these are (naming baby, child, adult)

Vocabulary taught and used must include:

Compassion
Forgiveness
Appropriate behaviour
Life cycles
Unique

All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 2 children will be able to:

Module 2- Unit 1 Religious Understanding

Children can recognise:

- That we are part of God's family
- How we love other people and how God loves us.

Module 2- Unit 2 Personal Relationships

Children can recognise:

- 'Special people' (their parents, carers, friends) and what makes them special.
- The importance of being close to and trusting of 'special people' and telling them is something is troubling them.
- How their behaviour affects other people and that there is appropriate and inappropriate behaviour.
- When they have been unkind to others and say sorry.
- When people are being unkind to them and others how to respond.

Vocabulary taught and used must include:

- Appropriate behaviour
- Community
- Consequences
- Forgiveness
- Inappropriate behaviour
- Role model
- Special people

All topics link to the relevant topics of the same name in all year groups.

By the end of Pentecost Term 1 children will:

Module 2- Unit 3 Keeping Safe

Children can recognise:

- That they can ask for help from their special people.
- That they are entitled to bodily privacy.
- That there are different people we can trust for help, especially those closest to us who care for us, including teachers and our parish priest.
- That medicines should only be taken when a parent or doctor gives them to us.
- That medicines are not sweets.
- That paramedics help us in a medical emergency.

Vocabulary taught and used must include:

- Emergency
- Emergency services
- Medicine
- Online
- Internet
- P.A.N.T.S
- Privacy
- Private parts
- Respect
- Special people

All topics link to the relevant topics of the same name in all year groups.

Pentecost Term 2: Created to Live in Community
Religious Understanding
Living in the Wider World.

By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can recognise:

- That God is love: Father, Son and Holy Spirit.
- That being made in his image means being called to be loved and to love others.

Module 3- Unit 2 Living in the wider world

Children can recognise:

- That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc.
- What harms the world in which we live.

Vocabulary taught and used must include:

God the Father
God the Son
God the Holy Spirit
Gods image
Gospel
Prayer
Trinity
Virtue

All topics link to the relevant topics of the same name in all year groups.

	Knowledge	Vocabulary	Links
	F2		
Advent Term 2 - Created and Loved by God Me, my body, my health	By the end of Advent term children will be able to: Module 1- Unit 1 Religious Understanding Children can recognise: <ul style="list-style-type: none"> That we are created individually by God as part of His creation plan. Our bodies are created by God and are good. 	Vocabulary taught and used must include: Balanced diet Creation Created by God Exercise Germs Gifts Made in Gods image Personal hygiene Respect Skills Unique	All topics link to the relevant topics of the same name in all year groups.
	Module 1- Unit 2 Me, My Body, My Health Children can recognise: <ul style="list-style-type: none"> We are each unique, with individual gifts, talents and skills. That whilst we all have similarities because we are made in God's image, difference is part of God's plan. What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene. 		
L e n	By the end of Lent Term 1 children will:		

Module 1- Unit 3 Emotional Well-being

Children can recognise:

- That we all have different tastes (likes and dislikes) but also similar needs (to be loved and respected, to be safe, etc)
- That it is natural for us to relate to and trust one another.
- Simple strategies for managing emotions and behaviour.
- That we have choices and these choices can impact how we feel and respond.

Module 1- Unit 4 Life Cycles

Children can recognise:

- That there are natural life stages from birth to death, and what these are (naming baby, child, adult)

Vocabulary taught and used must include:

Consequences
Gratitude
Life cycles
Responsibilities
Role model

All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 2 children will be able to:

Module 2- Unit 1 Religious Understanding

Children can recognise:

- We should love other people in the same way God loves us.
- Jesus cared for others and wanted them to live good lives like Him.

Module 2- Unit 2 Personal Relationships

Children can recognise:

- The importance of the nuclear family and of the wider family.
- The characteristics of positive and negative relationships.
- Different types of teasing and that all bullying is wrong and unacceptable.
- That when we are unkind, we hurt God and should say sorry.
- That we should forgive like Jesus forgives.

Vocabulary taught and used must include:

Compassion
Dignity
Forgiveness
Special people
Unique

All topics link to the relevant topics of the same name in all year groups.

By the end of Pentecost Term 1 children will:

Module 2- Unit 3 Keeping Safe

Children can recognise:

- Safe and unsafe situations indoors and outdoors, including online.
- That they can and should be open with 'special people' they trust if anything troubles them.
- That we should always try to look after our bodies because God created them and gifted them to us.
- There are lots of jobs designed to help us (eg. Emergency services).
- That first aid can be used in non-emergency situations, as well as whilst waiting for an ambulance.

Vocabulary taught and used must include:

- Consequences
- Emergency
- Emergency services
- Being online

All topics link to the relevant topics of the same name in all year groups.

Pentecost Term 2: Created to Live in Community
Religious Understanding
Living in the Wider World.

By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can recognise:

- What a community is, and that God calls us to live in community with one another
- Some scripture illustrating the importance of living in a community.
- That no matter how small our offerings, they are valuable to God and He can use them for his glory.

Module 3- Unit 2 Living in the wider world

Children can recognise:

- That they belong to various communities, such as home, school, parish, the wider local area, nation and global community
- That we have a duty of care for others and for the world we live in (charity work, recycling, etc).

Vocabulary taught and used must include:

Community
Dignity
Gospel
Prayer
Trinity

All topics link to the relevant topics of the same name in all year groups.

	Knowledge	Vocabulary	Links
	Year 1		
Advent Term 2 - Created and Loved by God Me, my body, my health	By the end of Advent term children will be able to:		
	Module 1- Unit 1 Religious Understanding Children can recognise: <ul style="list-style-type: none"> • That we are created individually by God • That God wants us to talk to Him often through the day and treat Him as our best friend. • That God has created us, His children, to know, love and serve Him • That we can say thank you to God Module 1- Unit 2 Me, My Body, My Health Children can recognise: <ul style="list-style-type: none"> • How we are all different and how we are good at different things • That we were made in the image of God. • That girls and boys have been created by God to be both similar and different • Ways we can look after our bodies. • Ways we can keep healthy including physical activity, dental health and healthy eating. • Why we need sleep • Ways we can keep ourselves clean 	Vocabulary taught and used must include: Created by God Gratitude Respect Balanced diet Creation Dignity Exercise Made in God's image P.A.N.T.S Personal hygiene Private parts	All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 1 children will:

Module 1- Unit 3 Emotional Well-being

Children can recognise:

- That we have friends and family
- That we all like different things but we all need the same things (physical e.g food, water)
- Times that make us feel happy, sad, angry, upset
- Ways we can show good behaviours
- That we must say sorry when we hurt people and forgive others when they hurt us
- That Jesus died on the cross for us to be forgiven

Module 1- Unit 4 Life Cycles

Children can recognise:

- That there are natural life stages from birth to death, and what these are (baby, child, teenager, adult and old age)

Vocabulary taught and used must include:

Appropriate behaviour
Community
Compassion
Consequences
Forgiveness
Inappropriate behaviour
Prayer
Life cycles

All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 2 children will be able to:

Module 2- Unit 1 Religious Understanding

Children can recognise:

- That we are part of God's family
- That we say sorry
- How Jesus cared for others
- How we love other people and how God loves us.

Module 2- Unit 2 Personal Relationships

Children can recognise:

- 'Special people' (their parents, carers, friends, parish priest) and what makes them special.
- Different types of family and extended family
- That we can trust special people and we can tell them if something is troubling us
- How their behaviour affects other people and makes them feel
- What bullying is (using the school motto several times on purpose)
- Times that they have made the wrong decision and are sorry
- Times when people have been unkind and describe ways they can respond
- How we say sorry to God when we have been unkind
- How Jesus taught us how to forgive

Vocabulary taught and used must include:

- Consequences
- Forgiveness
- Appropriate behaviour
- Compassion
- Special people
- Respect

All topics link to the relevant topics of the same name in all year groups.

By the end of Pentecost Term 1 children will:

Module 2- Unit 3 Keeping Safe

Children can recognise:

- Safe and unsafe situations
- The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them.
- How to keep their body private and how they are entitled to bodily privacy (swimsuit rule)
- The different people that we can trust to help us, especially those closest to us who care for us, including our parents and carers, teachers and our parish priest.
- How we can keep ourselves safe around household dangers such cleaning products
- How alcohol and tobacco are harmful substances.
- How our bodies are created by God, so we should take care of them and be careful to protect them from harmful substances.
- How they should call 999 in an emergency and ask for ambulance, police and/or fire brigade.
- What to do if they require medical help but it is not an emergency.
- Some basic principles of First Aid.

Vocabulary taught and used must include:

- Block
- Consequences
- Delete
- Dignity
- Emergency
- Medicine
- Online
- P.A.N.T.S
- Private parts
- Role model
- Special people

All topics link to the relevant topics of the same name in all year groups.

Pentecost Term 2: Created to Live in Community
Religious Understanding
Living in the Wider World.

By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can recognise:

- That God loves us
- How we are made in God's image
- What a community is, and that God calls us to live in community with one another
- How Jesus taught us to love our neighbour and who our neighbour is

Module 3- Unit 2 Living in the wider world

Children can recognise:

- The various communities that they belong to such as home, school, parish, the wider local community, nation and global community
- How we can care for others and the world (recycling, charity)
- What harms the world and what improves it.

Vocabulary taught and used

must include:

- Community
- Compassion
- Creation
- Created by God
- Dignity
- God the Father
- God the Son
- God the Holy Spirit
- Made in God's image
- Gospel
- Role Model

All topics link to the relevant topics of the same name in all year groups.

Year 2

Advent Term 2 - Created and Loved by God
Me, my body, my health

By the end of Advent Term children will:

Module 1- Unit 1 Religious Understanding

Children can describe:

- That we are created individually by God
- That God wants us to talk to Him often through the day and treat Him as our best friend.
- That God has created us, His children, to know, love and serve Him in His life and forever- this is our purpose and goal and will bring us true happiness.
- That we are created as a unity of body, mind and spirit: who we are matters and what we do matters.
- How we can give thanks to God in different ways.

Module 1- Unit 2 Me, My Body, My Health

Children can describe:

- That we are unique, with individual gifts, talents and skills.
- That our bodies are good and that we were made in the image of God.
- The parts of the body and can name genitalia.
- That girls and boys have been created by God to be both similar and different and together make up the richness of the human family.
- That our bodies are good and describe what we need to do to look after them.
- What constitutes a healthy lifestyle, including physical activity, dental health and healthy eating.
- The importance of sleep, rest and recreation for our health;
- How to maintain personal hygiene.

Vocabulary taught and used must include:

- Baptism
- Balanced diet
- Community
- Created by God
- Dignity
- Exercise
- Genitalia
- P.A.N.T.S
- Penis
- Personal hygiene
- Private parts
- Respect
- Testicles
- Vagina

All topics link to the relevant topics of the same name in all year groups.

L e n

By the end of Lent Term 1 children will:

Module 1- Unit 3 Emotional Well-being

Children can describe:

- How we relate to and trust one another.
- That we all have different tastes (likes and dislikes) but can describe that we all have similar needs (to be loved, to be respected, to be safe)
- Our feelings using relevant language
- Feelings and actions and can describe that our good actions can 'form' our feelings and our character
- Ways that they demonstrate positive behaviour and can describe simple strategies for managing feelings
- That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do
- That Jesus died on the cross and describe why he did this (so that we can be forgiven)

Module 1- Unit 4 Life Cycles

Children can describe:

- That there are natural life stages from birth to death, and what these are (baby, child, teenager, adult and old age) and how these are different (size, build, needs, diet)

Vocabulary taught and used must include:

- Appropriate behaviour
- Community
- Consequences
- Dignity
- Forgiveness
- Gifts
- Gratitude
- Inappropriate behaviour
- Life cycles

All topics link to the relevant topics of the same name in all year groups.

Lent

By the end of Lent term 2 children will:

Module 2- Unit 1 Religious Understanding

Children can describe:

- That we are part of God's family
- How we say sorry and why this is important and can mend friendships
- How Jesus cared for others and had expectations of them and how they should act
- How we love other people and how God loves us.

Module 2- Unit 2 Personal Relationships

Children can describe:

- 'Special people' (their parents, carers, friends, parish priest) and what makes them special.
- A nuclear and wider family and the importance of these
- The importance of being close to and trusting special people and telling them if something is troubling them
- How their behaviour affects other people, and that there is an appropriate and inappropriate behaviour
- The characteristics of positive and negative relationships
- Different types of teasing and how all bullying is wrong and unacceptable (using the school motto several times on purpose)
- Times that they have made the wrong decision and are sorry
- Times when people have been unkind and describe ways they can respond
- How we say sorry to God when we have been unkind
- How Jesus taught us how to forgive and ways we can forgive

Vocabulary taught and

used must include:

Appropriate behaviour
Community
Consequences
Forgiveness
Gifts
Inappropriate behaviour
Respect
Role Model
Special people

All topics link to the relevant topics of the same name in all year groups.

By the end of Pentecost term 1 children will:

Module 2- Unit 3 Keeping Safe

Children can describe:

- Safe and unsafe situations, including those online.
- The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them.
- How to resist pressure when feeling unsafe.
- How to keep their body private and how they are entitled to bodily privacy.
- The different people that we can trust to help us, especially those closest to us who care for us, including our parents and carers, teachers and our parish priest.
- How we can keep ourselves safe around household dangers such as medicines.
- How alcohol and tobacco are harmful substances.
- How our bodies are created by God, so we should take care of them and be careful to protect them from harmful substances.
- How they should call 999 in an emergency and ask for ambulance, police and/or fire brigade.
- What to do if they require medical help but it is not an emergency.
- Some basic principles of First Aid.

Vocabulary taught and used must include:

Block
Consequences
Delete
Dignity
Emergency
Medicine
Being online
Passive Smoking
Respect
Tablet
Virtues

All topics link to the relevant topics of the same name in all year groups.

Pentecost Term 2: Created to Live in Community
Religious Understanding
Living in the Wider World

By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can describe:

- How God loves us: Father, Son and Holy Spirit
- How we are made in God's image and how that means they are called to be loved and love others
- What a community is, and that God calls us to live in community with one another
- How Jesus taught us to love our neighbour and who our neighbour is

Module 3- Unit 2 Living in the wider world

Children can describe:

- The various communities that they belong to such as home, school, parish, the wider local community, nation and global community
- How they have a duty of care for others and for the world we live in and how we can do that (recycling, charity)
- What harms the world and what improves it.

Vocabulary taught and used must include:

- Community
- Dignity
- Gifts
- God the Father
- God the Don
- God the Holy Spirit
- Made in God's image
- Gospel
- Prayer
- Respect
- Sacrament
- Skills
- Trinity

All topics link to the relevant topics of the same name in all year groups.

Year 3

By the end of Advent Term children will:

Module 1- Unit 1 Religious Understanding

Children can explain that:

- We are created individually by God in His image
- How God made us with the desire to love and be loved and how we can make a difference with our actions
- Every human life is precious
- We grow closer to God as we pray to Him on our own and together
- In Baptism we join the family of God
- When we say sorry to God it makes Him happy (The Prodigal Son)
- It is important to make a nightly examination of conscience

Module 1- Unit 2 Me, My Body, My Health

Children can explain:

- Similarities and differences between people arise as they grow and make choices, and that by living and working together (teamwork) we create community
- Self-confidence arises from being loved by God (not status, etc)
- They need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.
- The importance of personal hygiene and how we can care for our bodies

Vocabulary taught and used must include:

Balanced diet
 Baptism
 Community
 Compassion
 Consequences
 Created by God
 Creation
 Exercise
 Faith
 Forgiveness
 Gifts
 Penis
 Personal hygiene
 Private parts
 Reconciliation
 Sacrament
 Sin
 Skills
 Testicles
 Vagina

All topics link to the relevant topics of the same name in all year groups.

Advent Term 2- Created and Loved by God
 Religious Understanding
 Me, my body, my health

Lent Term 1: Created and Loved by God
 Emotional Well-being
 Life cycles

By the end of Lent Term 1 children will:

Module 1- Unit 3 Emotional Well-being

Children can explain that:

- That emotions change as they grow up
- A deeper understanding of their own feelings and how these feelings are not a good guide for actions
- What emotional well-being means
- That positive actions help emotional well-being (sport, physical activity)
- That talking to trusted people helps emotional well-being (eg parents/ carer/ teacher/ parish priest)
- That some behaviour is wrong, unacceptable, unhealthy and risky

Module 1- Unit 4 Life Cycles

Children can explain an animal life cycle:

- That the animal was handmade by God with the help of their parents
- And how they grow and change within the life cycle

Vocabulary taught and used must include:

- Abuse
- Appropriate behaviour
- Compassion
- Consequences
- Dignity
- Faith
- Inappropriate behaviour
- Life cycles
- Resilience
- Respect
- Responsibilities
- Role model
- Special people

All topics link to the relevant topics of the same name in all year groups.

Lent Term 2: Created to Love Others Religious Understanding Personal Relationships	By the end of Lent Term 2 children will:		
	Module 2- Unit 1 Religious Understanding Children can explain: <ul style="list-style-type: none"> • That God loves, embraces, guides and forgives us • The importance of forgiveness and reconciliation in relationships. • Jesus' teaching about forgiveness • That relationships take time and effort to sustain • That we reflect God's image in our relationships with others 	Vocabulary taught and used must include: Abuse Appropriate behaviour Community Compassion Consequences Dignity Faith Forgiveness Gospel Inappropriate behaviour Prayer Reconciliation Resilience Respect Sin Unique	All topics link to the relevant topics of the same name in all year groups.
	Module 2- Unit 2 Personal Relationships Children can describe: <ul style="list-style-type: none"> • Ways to maintain and develop good, positive, trusting relationships • That there are different types of relationships including friends and family • That good friendship is when both persons enjoy each other's company and also want what is truly best for the other • Their awareness of bullying and how to respond to bullying • How to maintain relationships 		
P e n	By the end of Pentecost Term 1 children will:		

Module 2- Unit 3 Keeping Safe

Children can explain:

- That their increasing independence brings increased responsibility to keep themselves safe
- How to use technology safely
- That just as what we eat can make us healthy or make us ill, so what we watch, hear say and do can be good or bad for us
- How to get help if they encounter inappropriate messages or materials
- How to use technology safely
- That bad language and bad behaviour are inappropriate
- What kind of physical and contact is acceptable and unacceptable for them and how to respond
- That there are different people we can trust for help, especially those closest to us who care for us
- That our bodies are created by God, so we should take care of them and be careful about what they consume
- That if there is an emergency, it is important to remain calm
- That quick reactions in an emergency can save a life
- How to help in an emergency using basic first aid knowledge

Vocabulary taught and used must include:

Abuse
Appropriate behaviour
Block
Consequences
Delete
Emergency
Emergency services
Germs
Genitalia
Inappropriate behaviour
Medicine
Online
P.A.N.T.S
Passive smoking
Private parts
Respect

All topics link to the relevant topics of the same name in all year groups.

Pentecost Term 2: Created to live in Community
 Religious Understanding
 Living in the Wider World

By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can describe that:

- God is Love shown by the trinity
- The human family can reflect the Holy Trinity in charity
- The church family comprises of home, school and parish

Module 3- Unit 2 Living in the wider world

Children can explain:

- That God wants his Church to love and care for others
- Practical ways of loving and caring for others.
- How we can all live in a community and respect the similarities and differences between people.

Vocabulary taught and used must include:

Community
 Compassion
 Created by God
 Dignity
 Faith
 Gifts
 God the Father
 God the Son
 God the Holy Spirit
 Made in Gods image
 Gospel
 Prayer
 Respect
 Trinity
 Unique
 Virtues

All topics link to the relevant topics of the same name in all year groups.

Year 4

By the end of Advent Term children will:

Module 1- Unit 1 Religious Understanding

Children can explain that:

- We are created individually by God who is love, designed in His own image and likeness
- God made us with the desire to love and be loved and to make a difference: each of us has a specific purpose (vocation)
- Every human life is precious from the beginning of life (conception) to natural death
- Personal and communal prayer and worship are necessary ways of growing in our relationship with God
- In Baptism God makes us His adopted children and 'receivers' of His love
- By regularly receiving the Sacrament of Reconciliation, we grow in good deeds (human virtue)
- It is important to make a nightly examination of conscience

Module 1- Unit 2 Me, My Body, My Health

Children can explain:

- Similarities and differences between people arise as they grow and make choices, and that by living and working together (teamwork) we create community
- Self-confidence arises from being loved by God (not status etc)
- They need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.
- What the term puberty means
- When they can expect puberty to take place
- That puberty is part of God's plan for our bodies
- Correct naming of genitalia
- What changes will happen to boys during puberty
- What changes will happen to girls during puberty

Vocabulary taught and used must include:

- Balanced diet
- Baptism
- Community
- Compassion
- Conception
- Created by God
- Creation
- Dignity
- Exercise
- Faith
- Forgiveness
- Genitalia
- Hormones
- Penis
- Personal hygiene
- Prayer
- Private parts
- Puberty
- Reconciliation
- Respect
- Sacrament
- Sin
- Testicles
- Urethra
- Vagina
- Vulva
- Vocation

All topics link to the relevant topics of the same name in all year groups.

By the end of Lent term 1 children will:

Module 1- Unit 3 Emotional Well-being

Children can explain that:

- That emotions change as they grow up (including hormonal effects)
- A deeper understanding of their own feelings and how these feelings are not a good guide for actions including and understanding of how others act based on their emotions
- What emotional well-being means for themselves and others
- That positive actions help emotional well-being (music, spirituality, art)
- **That talking to trusted people helps emotional well-being (eg parents/ carer/ teacher/ parish priest)**
- That images in the media do not always reflect reality and can affect how people feel about themselves
- **That some behaviour is wrong, unacceptable, unhealthy and risky and can identify this in the behaviour of others**
- That thankfulness builds resilience against feelings of envy, inadequacy and insecurity, and against pressure from peers and the media

Module 1- Unit 4 Life Cycles

Children can explain a human life cycle:

- That they were handmade by God with the help of their parents
- How a baby grows and develops in its mother's womb including, scientifically, the uniqueness of the moment of conception
- How conception and life in the womb fits into the cycle of life

Vocabulary taught and used must include:

- Appropriate behaviour
- Community
- Compassion
- Conception
- Dignity
- Embryo
- Faith
- Foetus
- Forgiveness
- Gifts
- Gratitude
- Hormones
- Inappropriate behaviour
- Life cycles
- Prayer
- Reconciliation
- Resilience
- Respect
- Responsibilities
- Role Model
- Special people
- Umbilical cord

All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 2 children will:

Module 2- Unit 1 Religious Understanding

Children can explain:

- That God loves, embraces, guides and reconciles us with Him and one another
- The importance of forgiveness and reconciliation in relationships and some of Jesus' teaching about forgiveness
- That relationships take time and effort to sustain and how we can build bridges with others
- That we reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness

Module 2- Unit 2 Personal Relationships

Children can describe:

- Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong
- That there are different types of relationships including those between acquaintances, friends, relatives and family
- That good friendship is when both persons enjoy each other's company and also want what is truly best for the other
- The difference between a group of friends and a 'clique'
- Their awareness of bullying (including cyber bullying) and how to respond to bullying
- Harassment and exploitation in relationships, including physical and emotional abuse and how to respond

Vocabulary taught and used must include:

- Abuse
- Appropriate behaviour
- Block
- Community
- Compassion
- Consequences
- Created by God
- Delete
- Dignity
- Faith
- Forgiveness
- Made in Gods image
- Inappropriate behaviour
- Online
- Prayer
- Reconciliation
- Resilience
- Respect
- Responsibilities
- Virtues

All topics link to the relevant topics of the same name in all year groups.

PEK

By the end of Pentecost Term 1 children will:

Module 2- Unit 3 Keeping Safe

Children can explain:

- That their increasing independence brings increased responsibility to keep themselves and others safe
- How to use technology safely and the consequences of not using it safely
- That just as what we eat can make us healthy or make us ill, so what we watch, hear say and do can be good or bad for us and the consequences of this
- How to get help if they encounter inappropriate messages or materials and how to report if others are sending these
- That bad language and bad behaviour are inappropriate
- What kind of physical and contact is acceptable and unacceptable for them and how to respond and how to advise others
- That there are different people we can trust for help, especially those closest to us who care for us
- That medicines are drugs but not all drugs are good for us
- That alcohol and tobacco are harmful and how to respond if someone is using these
- That if there is an emergency, it is important to remain calm
- That quick reactions in an emergency can save a life
- How to help in an emergency using basic first aid knowledge

Vocabulary taught and used must include:

- Abuse
- Appropriate behaviour
- Block
- Consequences
- Delete
- Dignity
- Emergency
- Emergency services
- Germs
- Inappropriate behaviour
- Medicine
- Online
- P.A.N.T.S
- Passive smoking
- Private parts
- Responsibilities

All topics link to the relevant topics of the same name in all year groups.

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By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can describe that:

- God is Love shown by the trinity- a 'communion of persons supporting each other in their self-giving relationship'
- The human family can reflect the Holy Trinity in charity and generosity
- The church family comprises of members of the diocese and wider faith community across the world

Module 3- Unit 2 Living in the wider world

Children can explain:

- That God wants his Church to love and care for others accepting and celebrating the differences in others
- Practical ways of loving and caring for others in our community and wider faith family
- How we can all live in a community and respect the similarities and differences between people.

Vocabulary taught and used must include:

Community
Compassion
Created by God
Creation
Faith
God the Father
God the Son
God the Holy Spirit
Made in God's image
Gospel
Respect
Responsibilities
Role Model
Skills
Special people
Trinity
Unique
Virtues

All topics link to the relevant topics of the same name in all year groups.

Year 5

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By the end of Advent Term children will:

Module 1- Unit 1 Religious Understanding

Children can explain that:

- We were created individually by God who cares for us and wants us to put our faith in Him
- Physically becoming an adult is a natural phase of life
- That God has a plan for us all and we have to trust that each step along the journey of life is part of the plan He has for us

Module 1- Unit 2 Me, My Body, My Health

Children can explain:

- Similarities and differences between people arise as they grow and make choices, and that by living and working together (teamwork) we create community filled with a wide range of people who may look and behave differently
- Self-confidence arises from being loved by God not by how we look, where we live or what we wear
- That human beings are different to other animals
- About the unique growth and development of humans and the changes that girls and boys experience during puberty (physical)
- About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately by themselves
- The need for modesty and appropriate boundaries and who to talk to if they feel uncomfortable
- What consent is in the context of wanting to play a game with someone once does not mean they always have to/ want to play the game
- How to make good choices that have an impact on their health; rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment etc

Vocabulary taught and used must include:

- Abuse (Physical, Emotional, Sexual and Neglect
- Appropriate behaviour
- Balanced diet
- Baptism
- Community
- Consequence
- Created by God
- Exercise
- Germs
- Genitalia
- Hormones
- Inappropriate behaviour
- Penis
- Personal hygiene
- Peer Pressure
- Private parts
- Puberty
- Respect
- Testicles
- Urethra
- Vagina
- Vulva
- Wet dreams

All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 1 children will:

Module 1- Unit 3 Emotional Well-being

Children can explain that:

- That images in the media do not always reflect reality and can affect how people feel about themselves
- That thankfulness build resilience against feelings of envy, inadequacy, etc and against pressure from peers
- A deeper understanding of the range and intensity of their feelings and how these feelings are not a good guide for actions
- **That some behaviour is wrong, unacceptable, unhealthy and risky and how they can recognise and respond to this**
- That emotions change as they grow up
- About emotional well-being and how they can identify strategies to ensure healthy well-being
- **The difference between harmful and harmless videos and images and how to respond if they see these**

Module 1- Unit 4 Life Cycles

Children can explain:

- How a baby grows and develops in a mother's womb
- About the nature and role of menstruation in the fertility cycle, and that fertility is involved at the start of life
- **Some practical help on how to manage the onset of menstruation**

Vocabulary taught and

used must include:

Abuse (Physical, Emotional,
 Sexual and Neglect
 Appropriate behaviour
 Compassion
 Conception
 Consequences
 Creation
 Dignity
 Embryo
 Fallopian Tubes
 Foetus
 Hormones
 Inappropriate behaviour
 Life cycles
 Menstruation
 Ovum
 Periods
 Placenta
 Puberty
 Respect
 Resilience
 Umbilical cord
 Unique
 Uterus
 Womb

All topics link to the relevant topics of the same name in all year groups.

Lent Term 2: Created to Love Others Religious Understanding Personal Relationships	By the end of Lent Term 2 children will:		
	<p>Module 2- Unit 1 Religious Understanding Children can describe:</p> <ul style="list-style-type: none"> • That God calls us to love others in our daily actions • Ways we can participate in God's call to us through our everyday actions and words <p>Module 2- Unit 2 Personal Relationships Children can explain:</p> <ul style="list-style-type: none"> • That pressure comes in different forms, and what those different forms are • That there are strategies that they can adopt to resist pressure • Different scenarios in which it is right to say 'no' (times they feel unsafe, times they do not want to play, consent) • How thoughts and feelings impact actions and develop strategies that will positively impact their actions and apply this in their relationships (friendships and relationships they already have) 	<p>Vocabulary taught and used must include: Abuse (Physical, Emotional, Sexual and Neglect Appropriate behaviour Compassion Consent Consequences Dignity Faith Forgiveness Gifts Gratitude Inappropriate behaviour Peer pressure Reconciliation Resilience Responsibilities Role Model Skills Unique Virtues</p>	<p>All topics link to the relevant topics of the same name in all year groups.</p>
P e n	By the end of Pentecost Term 1 children will:		

Module 2- Unit 3 Keeping Safe

Children can explain:

- That their increasing independence brings increased responsibility to keep themselves and others safe
- How to use technology safely and the consequences for themselves and others
- That just as what we eat can make us healthy or make us ill, so what we watch, hear say and do can be good or bad for us and the consequences of this
- How to get help if they encounter inappropriate messages or materials and how to report if others are sending these
- How to report and get help if they encounter inappropriate materials or messages
- What the term cyberbullying means and examples of it
- How to get help if they experience cyberbullying
- What kind of physical contact is acceptable or unacceptable and how to respond
- That there are many different people they can trust
- How they may come under pressure to do things they know are unsafe (road safety, unsafe use of technology) and how to respond
- That they have the right to say "no" for all sorts of reasons but not least in order to protect their God-given bodies
- That the recovery position can be used when a person is unconscious but breathing
- The DR ABC is a primary survey to find out how to treat life- threatening conditions in order of importance

Vocabulary taught and used must include:

- Abuse (Physical, Emotional, Sexual and Neglect
- Appropriate behaviour
- Banter
- Block
- Compassion
- Consent
- Consequences
- Cyberbullying
- Delete
- Dignity
- Emergency
- Emergency services
- Germs
- Inappropriate behaviour
- Medicine
- Online
- P.A.N.T.S
- Peer pressure
- Private parts
- Responsibilities
- Role Models
- Special people

All topics link to the relevant topics of the same name in all year groups.

By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can explain:

- That God the Father, God the Son and God the Holy Spirit make up three persons of the Trinity
- That the Holy Spirit works through us to bring God's love and goodness to others
- That God formed them out of love, to know and share His love with others in our faith community and around the world

Module 3- Unit 2 Living in the wider world

Children can explain:

- That God wants his Church to love and care for their neighbour regardless of their differences
- Ways in which they can spread God's love in their community and beyond

Vocabulary taught and used must include:

- Baptism
- Community
- Compassion
- Consequences
- Created by God
- Dignity
- Faith
- Forgiveness
- Gifts
- God the Father
- God the Son
- God the Holy Spirit
- Made in God's image
- Gospel
- Gratitude
- Prayer
- Reconciliation
- Resilience
- Respect
- Sacrament
- Skills
- Trinity
- Unique
- Virtues
- Vocation

All topics link to the relevant topics of the same name in all year groups.

Year 6

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By the Advent Term children will:

Module 1- Unit 1 Religious Understanding

Children can explain that:

- We were created individually by God who cares for us and wants us to put our faith in Him
- We are all on a faith journey and there will be times that our faith may be tested but God is always with us (footprints poem)
- Physically becoming an adult is a natural phase of life
- That God has a plan for us all and we have to trust that each step along the journey of life is part of the plan He has for us even when times are confusing during puberty

Module 1- Unit 2 Me, My Body, My Health

Children can explain:

- Similarities and differences between people arise as they grow and make choices, and that by living and working together (teamwork) we create community filled with a wide range of people who have different faiths and beliefs
- Self-confidence arises from being loved by God not by how we look, where we live or what we wear and that social media is not a representation of how loved we are
- That human beings are different to other animals
- About the unique growth and development of humans and the changes that girls and boys experience during puberty (physical)
- About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately by themselves and others
- The need for modesty and appropriate boundaries and who to talk to if they feel uncomfortable
- What consent is in the context of touch (giving someone a hug one day does not mean that you always have to hug them)

Vocabulary taught and used must include:

- Abuse (Physical, Emotional, Sexual and Neglect
- Appropriate behaviour
- Compassion
- Balanced diet
- Compassion
- Consent
- Created by God
- Creation
- Erection
- Exercise
- Genitalia
- Hormones
- Inappropriate Behaviour
- Penis
- Periods
- Personal Hygiene
- Private parts
- Puberty
- Testicles
- Urethra
- Vagina
- Vulva
- Wet dreams

All topics link to the relevant topics of the same name in all year groups.

- How to make good choices that have an impact on their health; rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment etc

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By the end of Lent Term 1 children will:

Module 1- Unit 3 Emotional Well-being

Children can explain that:

- That images in the media do not always reflect reality and can affect how people feel about themselves and how to respond to others who may compare themselves to social media
- That thankfulness build resilience against feelings of envy, inadequacy, etc and against pressure from peers or the media
- A deeper understanding of the range and intensity of their feelings and how these feelings are not a good guide for actions and how others may act as a result of their feelings
- **That some behaviour is wrong, unacceptable, unhealthy and risky and how they can recognise and respond to this in themselves and others**
- That emotions change as they grow up and how they can recognise these in themselves and others (including hormonal effects)
- About emotional well-being and how they can identify strategies to ensure healthy well-being
- **The difference between harmful and harmless videos and images and how to respond if they see these**
- **The impact that harmful videos and images can have on young minds**
- **Ways to combat and deal with viewing harmful videos and images**

Module 1- Unit 4 Life Cycles

Children can explain:

- Basic scientific facts about sexual intercourse between a man and a woman;
- The physical, emotional, moral and spiritual implications of sexual intercourse;
- The Christian viewpoint that sexual intercourse should be saved for marriage

Vocabulary taught and used must include:

- Abuse
- Appropriate behaviour
- Block
- Compassion
- Consent
- Delete
- Embryo
- Ejaculation
- Erection
- Fallopian Tubes
- Foetus
- Gifts
- Hormones
- Inappropriate behaviour
- Life cycles
- Menstruation
- Online
- Ovum
- Penis
- Placenta
- Pornography
- Peer pressure
- Puberty
- Respect
- Sperm
- Testicles
- Umbilical cord
- Uterus (Womb)
- Vagina

All topics link to the relevant topics of the same name in all year groups.

By the end of Lent Term 2 children will:

Module 2- Unit 1 Religious Understanding

Children can describe:

- That God calls us to love others and how we can use this knowledge to shape our future decisions
- Ways we can participate in God's call to us through our vocations

Module 2- Unit 2 Personal Relationships

Children can explain:

- That pressure comes in different forms, and what those different forms are
- That there are strategies that they can adopt to resist pressure
- What consent and bodily autonomy means
- Different scenarios in which it is right to say 'no' (times they feel unsafe, touch including hugs etc)
- How thoughts and feelings impact actions and develop strategies that will positively impact their actions and apply this in their relationships (new friendships linked to transition)

Vocabulary taught and used must include:

- Abuse (Physical, Emotional, Sexual and Neglect
- Appropriate behaviour
- Banter
- Compassion
- Consent
- Consequences
- Dignity
- Faith
- Forgiveness
- Inappropriate behaviour
- P.A.N.T.S
- Private parts
- Peer pressure
- Reconciliation
- Resilience
- Respect
- Responsibilities
- Role Model
- Skills
- Special people
- Unique
- Vocation

All topics link to the relevant topics of the same name in all year groups.

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By the end of Pentecost Term 1 children will:

Module 2- Unit 3 Keeping Safe

Children can explain:

- That their increasing independence brings increased responsibility to keep themselves and others safe
- How to use technology safely and the consequences for themselves and others
- That just as what we eat can make us healthy or make us ill, so what we watch, hear say and do can be good or bad for us and the consequences of this
- How to get help if they encounter inappropriate messages or materials and how to report if others are sending these
- The effect that a range of substances including drugs, tobacco and alcohol can have on the body
- How to make good choices about substances that will have a positive impact on their health
- That our bodies are created by God so we need to be careful what we consume
- How they may come under pressure when it comes to drugs, alcohol and tobacco and how to respond to this
- What the term cyberbullying means and examples of it
- How to get help if they experience cyberbullying
- What kind of physical contact is acceptable or unacceptable and how to respond
- That they have the right to say "no" for all sorts of reasons but not least in order to protect their God-given bodies
- That the recovery position can be used when a person is unconscious but breathing
- The DR ABC is a primary survey to find out how to treat life- threatening conditions in order of importance

Vocabulary taught and used must include:

Abuse (Physical, Emotional, Sexual and Neglect
Appropriate behaviour
Block
Compassion
Consent
Consequences
Cyberbullying
Delete
Dignity
Emergency
Emergency services
Inappropriate behaviour
Medicine
Online
P.A.N.T.S
Passive smoking
Pornography
Peer pressure
Private parts
Respect
Responsibilities
Role model
Skills
Special people

All topics link to the relevant topics of the same name in all year groups.

By the end of Pentecost Term 2 children will:

Module 3- Unit 1 Religious Understanding

Children can explain:

- That God the Father, God the Son and God the Holy Spirit make up three persons of the Trinity
- That the Holy Spirit works through us to bring God's love and goodness to others and how to recognise this in others
- The key principles of Catholic Social Teaching (Life and Dignity of the Human Person, Call to Family, Community, and Participation, Rights and Responsibilities, Preferential Option for the Poor, The Dignity of Work and the Rights of Workers, Solidarity, Care for God's Creation)

Module 3- Unit 2 Living in the wider world

Children can explain:

- That God wants his Church to love and care for their neighbour regardless of their differences
- How to apply the principles of Catholic Social Teaching in current issues and respond with how this would impact their actions and decisions.

Vocabulary taught and used must include:

- Baptism
- Community
- Compassion
- Created by God
- Creation
- Dignity
- Faith
- Forgiveness
- Gifts
- God the Father
- God the Son
- God the Holy Spirit
- Made in God's image
- Gospel
- Prayer
- Reconciliation
- Respect
- Sacrament
- Trinity
- Unique
- Virtues
- Vocation

All topics link to the relevant topics of the same name in all year groups.

